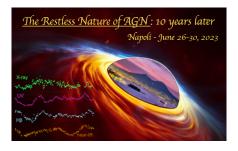
## The restless nature of AGN: 10 years later



Contribution ID : 157 Type : Invited talk

## Review: Extreme variability around supermassive black holes: Quasi Periodic Eruptions

giovedì 29 giugno 2023 15:15 (30)

Serendipitously discovered at the end of 2018 in the nucleus of the galaxy GSN 069, X-ray quasi-periodic eruptions (QPEs) are a new extreme-variability phenomenon associated with supermassive black holes. QPEs typically appear as sharp and intense burst of X-ray emission, with a thermal-like spectrum with a temperature  $kT\sim150$  eV over a much more stable and cooler quiescent level; they last about one hour and repeat quasi-periodically every few hours, carrying a few  $10^{42-43}$  erg s<sup>-1</sup> at each burst. X-ray QPEs have been securely detected in the nuclei of several galaxies since their discovery, all with low-mass supermassive black holes ( $M_{BH}<10^7 M_{\odot}$ ) and different levels of nuclear activity. In this talk I will review the general properties of QPEs and their variegate phenomenology in the QPE-sources (up to 7) detected so far. I will then discuss the physical scenarios invoked to explain this new and puzzling extreme-variability X-ray phenomenon, as well as the more and more evident physical connection of QPEs with tidal disruption events (TDEs) in low-mass galaxies.

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Session Classification: Extreme variability: CL AGN, TDEs and binary SMBHs